

# What Is Your Goal?

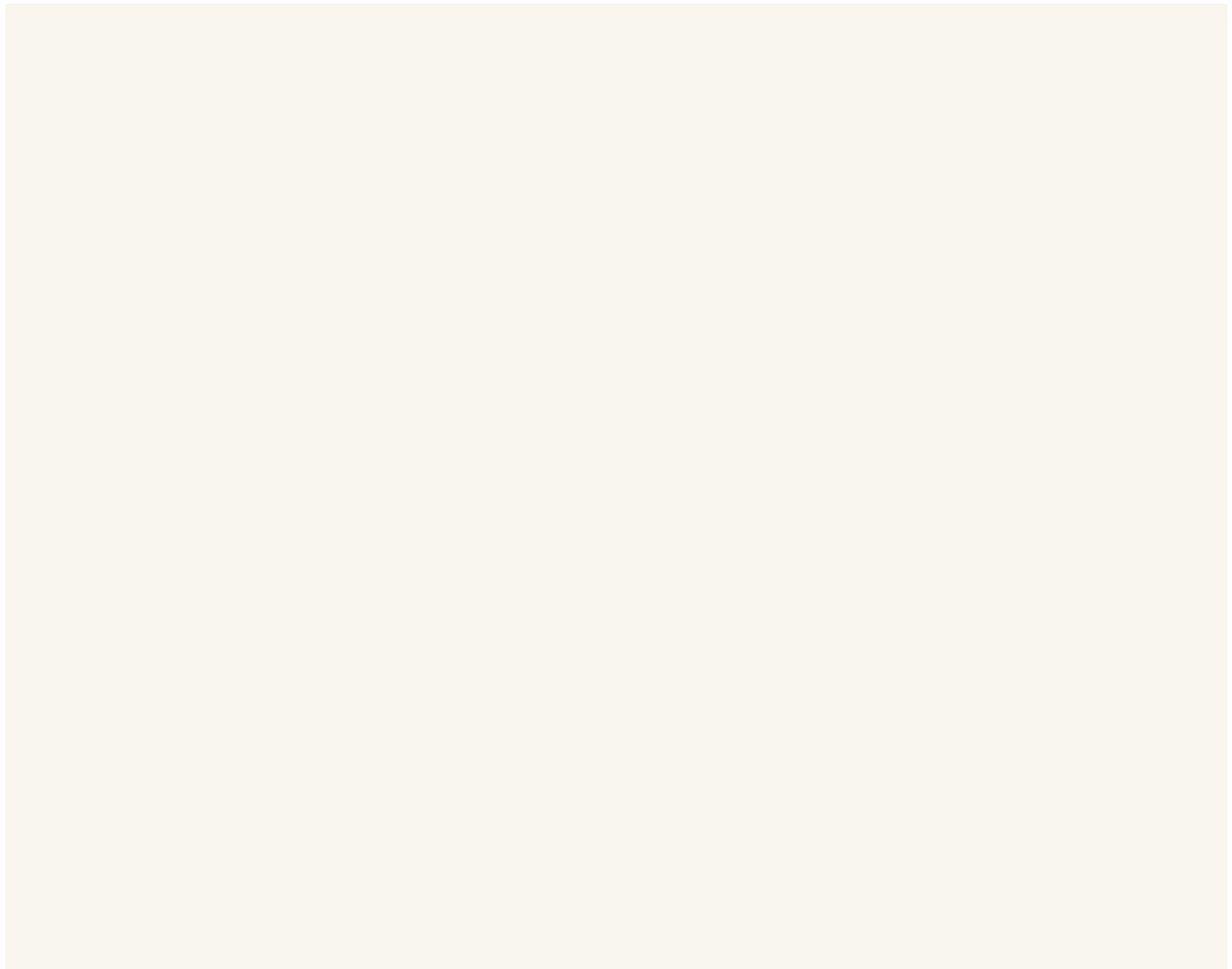
What's your big dream?

Getting fit? Finding a better job? Starting a business? Writing a book?

Write here the ONE big thing that having less clutter would help you focus on.

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**THE THING I ALWAYS WANTED TO DO IS:**



# What Does Clutter Stop You Doing?

List all the ways that clutter makes life harder. For you, your kids, your family, your work, your leisure time, everything.

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# Watch The Story Of Stuff

Did you enjoy it? Did you learn anything?

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## CHECKLIST

Watch The Story Of Stuff

## NOTES